



POP WUJ

Solidarity is our language

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Pop Wuj Medical Clinic Medications & Supplies Wish List

Thank you for your interest in donating to Pop Wuj Medical Clinic! We appreciate your support. We accept donations of any of the following items as well as monetary donations. Donations can be made through PayPal or Tab, directly to Asociacion Pop Wuj

If you have an idea for a medical donation that is not on this list, please email Jorge Archila: info@pop-wuj.org to ask whether you should bring it or not. We especially appreciate when donors provide at least a few months' supply of medications, particularly prescription medicines.

Immediate Need:

- Zinc (ideally liquid zinc, but zinc gluconate pills go into suspension well)
- Oral suspension vehicles (Ora-Blend)
- Probiotics for adults, children, and infants
- Augmentin
- Nexium
- Lipitor
- Nasal steroids
- Migraine medications
- Baclofen 10-20 mg
- Tamsulosin 0.4 mg
- Cefdinir
- Honey cough syrups for infants
- Metronidazole, liquid form
- Acetaminophen, liquid form
- TED stockings/compression stockings (small/medium for men and women)
- Adult blood pressure cuffs (manual)
- Thermometers (Celsius) with thermometer covers
- [LeadCare II blood test materials](#) for use with our lead detection machine
- Car (yes, really!) 4x4, to transport medical personnel and supplies to remote clinic sites and patients to clinics and hospitals in emergencies

High Need:

- Eye drops (patanol, olopatadine), naphazoline)
- Decongestants (nasal sprays)
- Metformin 500mg, 850mg, and 1,000mg
- Simvastatin
- Allopurinol
- Carbamazepine
- Divalproex Sodium
- Calcium + Vitamin D
- PPIs: Omeprazole (Prilosec), Lansoprazole (Prevacid), etc.
- Nystatin (liquid)
- Cetirizine (liquid)
- Antihistamine eye drops
- Azithromycin
- Albuterol Inhalers
- Acne Cream (Tretinoin, benzoyl peroxide, tazorac, retin-a, etc.)
- Ear wash equipment
- Eczema cream (tacrolimus, pimecrolimus etc.)
- Infant vitamins (liquid with droppers)
- Lice and scabies treatment (Permethrin)
- Eye drops (Tobramycin-Dexamethasone)
- OB equipment: speculums, vaginal swabs, lubricant
- Otic Suspensions
- Penlights
- Tetracycline cream
- Cholesterol/triglycerides meds (Zocor)
- Ear drops (antibiotics, steroids, etc)
- Hemorrhoid preparation
- Muscle Relaxers (Robaxin, Norflex, etc.)
- Oral Rehydration Supplements
- Oral Steroids (Prednisone; Dexamethasone)
- Other non-albuterol inhalers - bronchodilators/glucocorticoids
- Pepto Bismol
- Alcohol Swabs
- Psoriasis preparations
- Ophthalmic ointment for infants (erythromycin or polytrim)
- Vitamin E Supplement
- Moisturizing lotion (ideally travel size)
- Sunscreen
- Hypertensive meds: HCTZ, Enalapril, Lisinopril, Losartan, Aspirin 81mg, Amlodipine
- Ranitidine (Zantac)
- Simethicone Pill form
- Batteries (AA & AAA)

Low Need:

- Gabapentin
- Glyburide/Glipizide
- Antifungal creams
- Antiviral (famciclovir) oral and cream
- Ensure/ Fortified formula
- Excedrin
- Hydroxychloroquine sulfate (Plaquenil)
- Metronidazole cream (for Rosacea)
- Stool softeners and laxatives
- Syringes for insulin
- Topical corticosteroids (Hydrocortisone 1% cream)
- Vitamin B complex
- Warfarin
- Vitamins (Adult, Prenatal, Children's)
- Ciprofloxacin, or other PO 3rd generation Cephalosporins

Other Beneficial Supplies:

- Anti-seizure meds
(Carbamazepine, Valproic Acid,
Keppra - liquid forms)
- Fetal and vascular Doppler
- Media projector
- Portable Ultrasound Machine
- Pap supplies, exam table sheets (cotton),
paper gowns
- Suture and minor surgery equipment
- Vaginal preparation (antibiotics, vaginal
wash)